

# WAIVER AND RELEASE OF LIABILITY

I, the undersigned, participant OR parent/guardian of the persons listed below, hereby grant permission for them to enter the various activities of the City of St. Paul, Nebraska and the St. Paul Youth and Adult Recreation Department Program and to participate in these activities. I know the risks and dangers involved in such activities and that unanticipated and unexpected dangers may arise during such activities. I assume all risk of injury or death to myself or my child/ward that may be sustained in connection with the stated and associated activities in and about the premises.

In consideration of the permission granted to myself or my child/ward to enter the premises and participate in the stated activities, I hereby, for myself, my heirs, administrators and assigns release, remise and discharge the owners, operators and sponsors of the premises and activity, the City of St. Paul and each of their respective servants, agents, officers and officials and all other participants in the stated activities of and from all claims, demands, actions and causes of action of any sort, for injury or death sustained to myself or my child/ward during myself or my child's/ward's participation in the stated activities due to negligence of any of the listed individuals or entities.

Further, I understand that coaches, managers, umpires, referees, their assistants or anyone who prepares any playing field shall NOT be liable for the injury or death of any participant in the activities which results from the negligence of any of the listed individuals.

THE UNDERSIGNED HAS READ THE ABOVE WAIVER AND RELEASE, UNDERSTANDS THAT SUBSTANTIAL RIGHTS ARE GIVEN UP BY SIGNING IT, AND HAS SIGNED IT VOLUNTARILY.

Date: \_\_\_\_\_

\_\_\_\_\_  
Participant OR Parent / Guardian – Print Name

\_\_\_\_\_  
Participant OR Parent / Guardian - Signature

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Participant or Child's Name: \_\_\_\_\_

Participant or Child's Name: \_\_\_\_\_

Participant or Child's Name: \_\_\_\_\_

Participant or Child's Name: \_\_\_\_\_

Participant or Child's Name: \_\_\_\_\_

Participant or Child's Name: \_\_\_\_\_